

## ***I AM - The Greatest Battle of Your Life***

### **Lesson 5:** The Journey of My Life

**The Cave of Wisdom:** Overcoming obstacles that limit us.

#### **The Cave Opening:**

Welcome back to The Cave of Obstacles. Obstacles get in the way of fulfilling your dreams. Randy Pausch, in his talk on “Oprah” last week, called these obstacles “walls”. He said, “Walls are put in our path to show how much we want something.” Do you really want your dream? How will you overcome the obstacles that will be placed in your path? Today we will look at two characters who overcame the obstacles by the Power of Trust.

Life is full of obstacles to your path. How will you overcome them to achieve your dream.

**Scripture: Ex. 3:13-14** “I AM WHO I AM.” What is his name? Then what shall I tell them? God said to Moses, I AM WHO I AM. I AM has sent me to you. Ex. 3:11 - Who am I, that I should go ...

#### ***Biblical Character: Moses***

The Israelites wanted their freedom from Pharaoh ... but how much did they really want it. At each obstacle, they begged to return to Egypt. Moses had to face the same obstacles, but he never wanted to return to Egypt and be under Pharaoh’s rule. Perhaps this was due to his having a

family on the other side of the Red Sea. But upon arriving on the banks of the Red Sea, with Pharaoh's army in hot pursuit, Moses faced the biggest obstacle of his life's journey. What was he to do? "I AM" had overcome Pharaoh to this point. Would He do it again and if so how? Moses would need to use the Power of Trust once again. Show the Moses parts the Red Sea video.

*Reality Character(s):* Berlin people topple wall.

Show Fall of Berlin Wall video. The people trusted each other and their government employees not to harm them when they attacked the Berlin Wall. There was courage and action.

### *The Tribe: The Power of Trust*

Each character we looked at had to trust someone. Moses had to trust God to provide a way through the barrier of the Red Sea, but he also had to trust the people to enter the gap in the sea. At any moment, the water could return and drown them. Would you be willing to enter the gap and trust Moses? Would you have been willing to make a crack in the Berlin Wall to obtain your freedom to travel? How do you know who to trust? Begin with the little things and work up.

**Craft:** “New Purpose Fence”. Using Popsicle sticks make a fence by gluing the sticks onto two cross pieces. Write “Overcome fences with Trust”. Lay the fence flat and use it as a coaster.

**Recreation Activity:** "The Wall": Create a barrier and have the group develop a way to overcome it. Each person must overcome the wall. The obvious may not be the answer. Most will think they must climb over the wall, but sometimes going around it is the best way. Other times, as in the Berlin Wall, the wall must be torn down in order to move forward.

"The Web": Create a spider web design and have the group pass through it. Each person must overcome the web. The obvious may not be the answer. Most will think they must dive through the web, but sometimes going around it is the best way.