

Slippery Limbo

Lay a tarp down on the floor. Take some dishwashing detergent and spray it down on the tarp. Add a little water, and you have a slippery surface. Place a limbo pole in the center of the tarp. (You can use a broom stick and two students holding it in position.) Then have the students to line up to do some limbo. If you feel like the floor is too hard, do this activity outside or lay some mats under the tarp.